



## Newsletter 10<sup>th</sup> September 2020

### Settling in to school

We continue to be impressed by the way the children are settling into school and showing focus and enthusiasm during lessons. Well done everyone!

### Communication with school

How you can contact us:

If you need to talk to someone about your child's education, wellbeing or behaviour your first port of call must always be their class teacher via ClassDojo.

If you need to talk to someone about medication, school lunches, payments or Good morning World Club please speak to Ms MacLauchlan or Mrs Robertson in the school office via telephone

If you have documents for the school office, please put them in the red post box to the left of the front door.

### Keeping each other safe

Entry and exit procedures continue to run smoothly, thank you so much for your help with this. These continue to be challenging times and we want to reassure you that we are working very hard to take every precaution we can to keep our school community safe. Please do ensure that you help us with this by continuing to follow government guidance outside of the school gates. For further information on The Government announcement yesterday please follow this link: <https://www.bbc.co.uk/news/uk-54093465>

### Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result and inform the school once the result is received.

### Main symptoms

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

### What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. Stay at home and do not have visitors until you get your test result – only leave your home to have a test.

Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

### **How long to self-isolate**

If you have symptoms or have tested positive for coronavirus, you'll usually need to self-isolate for at least 10 days.

You'll usually need to self-isolate for 14 days if:

- someone you live with has symptoms or tested positive
- someone in your support bubble has symptoms or tested positive
- you've been told to self-isolate by NHS Test and Trace

### **Sandon Fete**

Sandon Drive-Thru Fete is due to take place on Sunday 20<sup>th</sup> September and the organisers would be really grateful for donations of jars, cans, and bottles as prizes for the tombola. If you wish to donate something, please put it in the box by the front door and we will quarantine items before passing them on. Thank you in advance.

### **Lunch Menu - Monday 14<sup>th</sup> to Friday 18<sup>th</sup> September**

Day	Red	Green
Monday	Meatball roll	Egg roll
Tuesday	Sausage baguette	Veggie Sausage baguette
Wednesday	Roast Chicken roll	Cheese roll
Thursday	Tuna wrap	Quorn roll
Friday	Tuna roll	Pizza