

Newsletter 17th September 2020

Letters and information for the office

Please put letters and any other information for the office into the red post box outside of the office door.

Entry into and exit from school

In light of the R-rate being above 1 we will continue to stagger entry and exit times. This system has been running smoothly and we are so grateful for your help in this. From next Monday we will trial shorter windows of time for the entry and exit of each bubble. The new revised timings will be;

	Line - up	Line up
Reception and Year 1 bubble (no	8.50	3.00
change)		
Class 2 bubble	8.55	3.05
Class 3 bubble	9.00	3.10
Cygnets	9.15	2.50

Please continue to wait for a member of staff to confirm that your bubble can line up.

At the end of the day Reception and Class 1 parents need to wait until 3.00 to line up because Cygnets need to dismiss their children and the lines have been getting muddled. We will review these timings again at the beginning of October.

Isolation work

For any families who are having to self-isolate class teachers will be adding work to complete at home to Class Dojo.

Reading Books

All children in Classes 1, 2 and 3 will have a reading book by the end of this week. Please ensure that your child brings their book to school every day. We are not currently using reading records.

Forest School Kits

All children should have Forest School kits in school at the moment. Please ensure that your child has a full kit. When children go up to Forest School they should be wearing a completely different set of clothes to their school uniform.

The basic kit should consist of:

A long sleeved T-shirt — to protect against ticks Joggers or leggings — to protect against ticks Socks

Wellington boots – to be in school all the time and also used at playtimes

For colder weather:

Waterproof coat and trousers Jumper Thermals Hat and gloves Thank you for your help with this!

Science Competition

Back in February as part of Science Week, Years 1-6 took part in Primary Engineer Leaders award competition. The challenge was to interview an engineer and then to answer the question "If you were an engineer, what would you do?". The children engaged enthusiastically with this, drawing their designs as well as writing to the engineers to explain why they should create their ideas. There were many exciting inventions to do jobs such as walking the dog, encourage recycling, tidying up rooms or even a room defender to keep their siblings out! The deadline for the competition was extended due to the impact of school closures and last week we finally found out how the children had got on. We were thrilled that Luke, Freya and Dotty in Class 3 as well as Nell in Class 2 were all awarded a distinction for their efforts. In addition to this, Kayden in Class 1 and Isabella F in Class 3 were shortlisted which means they were one of the best entries in their year group across the Eastern region- a huge well done to both of them and to all the children who worked so hard on their entries!













Class 2 Starts The Daily Mile Fit for Life Challenge

When we came back to school in September, we wanted our children to have time to settle back into the school community. We also wanted to improve everyone's fitness levels because we know that exercise can improve wellbeing. Studies have shown that a healthy body leads to increased academic attainment and improves the immune system which is all important in these times. It is also, of course, great fun!

Every morning (weather permitting!) we started to walk around the football pitch and then the children would total the number of laps and work out how many miles we had walked as a class. This enabled child to get to know each other again, share any worries, get fitter and add an element of maths as well.

The children have really enjoyed time outside and we decided to continue and join the Daily Mile Destinations campaign, introduced to Hertfordshire by the Herts Sports Partnership.

We are hoping to continue to walk and total our miles whilst travelling to different destinations. So far, we have travelled from our school, in Sandon, and have reached Stonehenge. We can't wait to go even further; who knows where we might end up!



Class 2 have arrived at Stonehenge, our first destination. We will now travel further afield.

Coronavirus Symptoms

If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible. Stay at home until you get the result. Please email the school using the following email address <u>testing@sandon.herts.sch.uk</u> to inform us that you are keeping your child at home and the test result.

Main symptoms

The main symptoms of coronavirus are:

 a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

- a new, continuous cough this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

What to do if you have symptoms

If you have any of the main symptoms of coronavirus:

- 1. Get a test to check if you have coronavirus as soon as possible.
- 2. Stay at home and do not have visitors until you get your test result only leave your home to have a test. Anyone you live with, and anyone in your support bubble, must also stay at home until you get your result.

How long to self-isolate

If you have symptoms or have tested positive for coronavirus, you'll usually need to self-isolate for at least 10 days.

You'll usually need to self-isolate for 14 days if:

- someone you live with has symptoms or tested positive
- someone in your support bubble has symptoms or tested positive
- you've been told to self-isolate by NHS Test and Trace

Lunch Menu - Monday 21st to Friday 25th September

Day	Red	Green
Monday	Sausage roll	Egg roll
Tuesday	Tuna roll	Cheese roll
Wednesday	Roast Chicken roll	Veggie Sausage roll
Thursday	Chicken Korma wrap	Cheese wrap
Friday	Tuna roll	Pizza

Congratulations to:

Stars of the Week

Reception: Whole Class Class 1: Whole Class Class 2: Izak Class 3: Emily C and Freya