

PE Report June 2016

As always, our priority is to give our pupils High Quality PE in the curriculum. This year we have delivered a broad and balanced programme of Hockey, Tag Rugby, Basketball, Problem solving, Cricket, Tennis, Fitness, Athletics, Swimming, Ball skills, Gymnastics and Dance.

In this year leading to the Rio Olympics our aim was to spark some flames in PE that would light a torch!

PE at Sandon is not just about lessons. It is our aim to offer our young people as many opportunities to become involved in sport and physical activity as possible. Our first chance came at the very start of September when year 5 and 6 went on a trip to the Lee Valley Olympic Canoe Centre to see the [World Canoe Championships](#) up close and even have a paddle alongside the elite canoeists of the world!

The Olympic theme continued with our annual participation in the [Legacy Games](#) at Knights Templar School.

This year our school was rewarded with the [Sainsbury's Sportsmark Gold Award](#) for our outstanding participation levels – well done everybody!

Our numbers attending clubs continues to be excellent and we have been able to attend many events out of school. Here's what we have been up to this year:

[Boys' District Football Competition](#)

[District cross country for boys and girls](#)

[District mixed Basketball Competition](#)

[Friendly football matches for yr 5 and 6](#)

[Friendly football matches for yr 3 and 4](#)

[Stevenage FC League Cup](#)

[Tag Rugby Taster for all juniors](#)

District Speed Stacking Competition for yr 3 and 4

Small Schools' Sports hall Athletics Competition

Buntingford and District Swimming Gala for yr 3 and 4 (1st!)

District Saracens' Tag Rugby Festival yr 5 and 6

Rural Schools' Football Competition

Rural Schools' Netball Competition

Friendly Tag Rugby match

Sport Relief Mile (all our children and lots of adults completed at least a mile!)

Eastern Region Pop Lacrosse Tournament

House Basketball

House Hockey

Buntingford Cougars' YFC Fair Play Football Festival for yr 3 and 4

Key Stage 1 District Gymnastics Competition

District Hockey Tournament for yr 5 and 6

District Tennis Tournament for yr 3 and 4

Boys' District Kwik Cricket Competition

Girls' District Kwik Cricket Competition

Yr 5 and 6 Belchamps Activity week

In the last few days we have been lucky to had a visit from **Lucy Wood, a GB Hockey Squad** member. She gave us a talk about the life of a world class sportswoman. It was very interesting to hear about her journey 'to the top' and will hopefully act as an inspiration for our children to aim high.

Lucy's visit was a perfect introduction to our trip to London where all the juniors combined a visit to the Olympic Park to see the legacy from the 2012 games and then watch Australia v Argentina play in the pre Rio tournament, the **Champions Trophy**. We were entertained by 2 of the top nations and saw the eventual winners, Argentina win.

We have also had:

The FOSS 10k, 5k and 1k Fun Run

Children sharing their skill in sport during Learning Week

Sandon Miles Challenge for Children and Adults

Second Swimming Gala (1st!)

Athletics Awards

Reintroduction of the Bags of Fun

Swimming Distance and Challenge Awards

The whole School has also enjoyed a **Skateboard workshop day** to learn or improve their skills. Hopefully this will give you another activity to do in the summer holidays and beyond.

We have had a very busy and varied year (with sports day still to come!) and like the Olympics, we have had our very own Games makers who have made these activities happen – so thank you to Mrs Gilbert for saying yes to time out of school, our staff and the invaluable help of our excellent parents- Thank you!

Another super year and great to see the values of the Olympics and Paralympics burning bright at Sandon School!